

Bad foods, unhealthy food products and dangerous health-care products



Here is a list of articles about unhealthy foods and food products and unsafe and even harmful health care products. These are things that should be avoided because of their harmful effects on our health.

Unsafe artificial sweeteners:

5 Reasons High Fructose Corn Syrup Will Kill You

6 Reasons Why High-Fructose Corn Syrup Is Bad for You

5 reasons to avoid diet drinks at all costs

Aspartame: Decades of Science Point to Serious Health Risks

Unhealthy oils to consume:

Why Hydrogenated Oils Should be Avoided at All Costs

Unhealthy Oils And Spreads: Don't Be Duped - Learn The Real Facts And Pass Them On!

Dangers of hydrogenated oils revealed in new downloadable report

Avoid Using These 5 Toxic Cooking Oils

10 Dangers You Should Know about Canola Oil

8 Bad Seed Oils You Should Replace

Dangerous health care products:

Fluoride - When did you last brush your teeth with rat poison?

Truth Can't Be Hidden - Fluoride Causes Cancer

IBS and Fluoride

