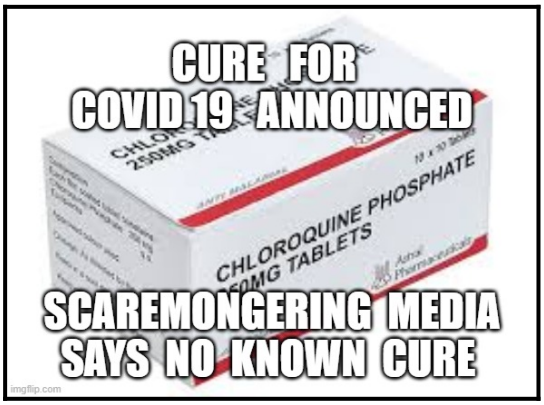
Treatments And Preventative Measures For COVID-19, Season Flu Viruses & The Common Cold

Please note: I had to update several links on this page because they pointed to YouTube videos and YouTube either banned those videos OR the users were forced to make those videos private so that YouTube would not ban them. So the new links are either pointing to videos on YouTube that are not banned, or the links now point to videos elsewhere, such as bitchute.com or rumble.com, etc.



This article is not recommending any particular medical advice. It is simply meant to share information that others have posted online regarding medical and holistic treatments for the COVID-19/Corona virus as well as treating other seasonal flu viruses. Use at your own risk. Medicines can be very dangerous if used improperly (as in people who have certain medical conditions) or in too high a dose.

There are doctors ONLINE who can advise you:

Here is one such online doctor website: Frontline MDs – https://frontlinemedicaldoctors.com

Alternate 1 online doctor website: Docs On Call – https://docsoncall.com

Alternate 2 online doctor website: America's Frontline Doctors – https://americasfrontlinedoctors.org

Here is a directory of online doctors: Directory of Doctors Prescribing Outpatient COVID-19 Therapy – https://www.exstnc.com

CONTENTS:

1. START HERE: Doctor Vladimir Zelenko's COVID ***Virus*** Treatment Protocol
2. AND HERE: COVID ***Vaccine*** Side-Effects And Suggested Treatments
3. About Vitamins, Minerals & Supplements To Treat COVID-19
4. About Safe Drugs To Treat & Potentially Cure COVID-19 —

Hydroxychloroquine
5. About Safe Drugs To Treat & Potentially Cure COVID-19 — Ivermectin
6. Remdesivir: STAY AWAY FROM IT!
7. Other COVID Treatments & Therapies

START HERE: Doctor Zelenko's COVID Protocol

Doctor Zelenko and his team in upstate New York, have SUCCESSFULLY treated over 7,000 COVID patients including Donald Trump and Rudi Juliani. His treatment protocol varies depending on the patient's overall health as noted in this PDF document: Zelenko COVID-19 Treatment Protocol (https://vladimirzelenkomd.com/treatment-protocol/). Here is the gist of that protocol:

Zelenko Protocol for low risk COVID/flu/cold patients:
Supportive care with fluids, fever control, and rest
Elemental Zinc 50mg 1 time a day for 7 days
Vitamin C 1000mg 1 time a day for 7 days
Vitamin D3 5000iu 1 time a day for 7 days
Optional over the counter options:
A. Quercetin 500mg 2 times a day for 7 days
OR
B. Epigallocatechin-gallate (EGCG) 400mg 1 time a day for 7 days
Zelenko Protocol for moderate & high risk COVID/flu/cold patients:
Elemental Zinc 50-100mg once a day for 7 days
Vitamin C 1000mg 1 time a day for 7 days
Vitamin D3 10000iu once a day for 7 days or 50000iu once a day for 1-2 days
Azithromycin 500mg 1 time a day for 5 days or
Doxycycline 100mg 2 times a day for 7 days
Hydroxychloroquine (HCQ) 200mg 2 times a day for 5-7 days
AND/OR
Ivermectin (IVM) 0.4-0.5mg/kg/day for 5-7 days

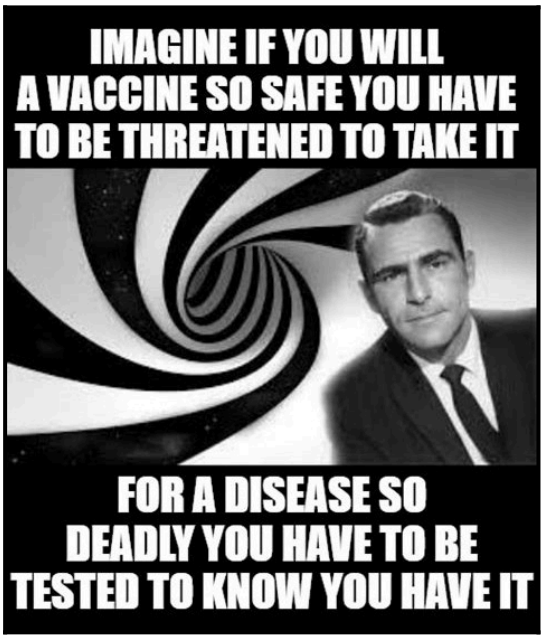
Either or both HCQ and IVM can be used, and if one only, the second agent may be added after about 2 days of treatment if obvious recovery has not yet been observed etc.
Here is where you can buy the Zelenko vitamin protocol supplements all in one capsule:

Z-Stack: Dr. Zelenko's Vitamin Cocktail – All In One Immune Boosting Super Formula (https://zstacklife.com/products/z-stack)

About Vitamins, Minerals & Supplements To Treat COVID-19

The following are recommended over-the-counter immune system supplements for treating and preventing all sorts of infectious diseases including viruses like Covid-19.
Vitamin C (powdered form is best if a high dose is desired. Buffered form is best if you have stomach acid issues.)

Vitamin D3 (it is best to stick with gel-caps that do NOT contain GMO oils such as soy bean oil or corn oil or canola oil but rather non-GMO oils)
Magnesium Chloride (other forms are good, but the chloride form is optimal for antiviral use)
Quercetin (can help with Zinc absorption)
Vitamin K2 (is said to work with vitamin D3 to help your body process calcium)
Zinc Picolinate (a high absorption form of zinc, a few other kinds of zinc are also high absorption but zinc oxide like many other "oxide" supplements are not the best, but merely cheap)
An iodine supplement can be helpful, such as Lugol's solution or iodoral
Source of supplement list:
http://orthomolecular.org/resources/omns/v17n15.shtml

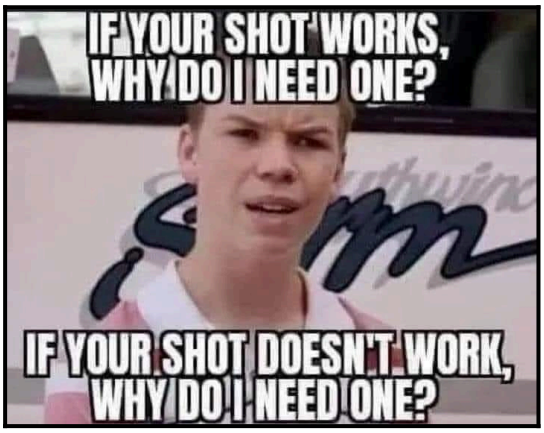


About Safe Drugs To Treat & Potentially Cure COVID-19 — Hydroxychloroquine

Doctors Pen Open Letter To Fauci Regarding The Use Of Hydroxychloroquine for Treating COVID-19
The Key to Defeating COVID-19 Already Exists. Hydroxychloroquine. We Need to Start Using It
Yale professor says hydroxychloroquine could save 100,000 lives — but it's being stifled by a 'propaganda war'
Cover Up: Fauci Approved Chloroquine, Hydroxychloroquine 15 Years Ago to Cure Coronaviruses; "Nobody Needed to Die"
DEADLY COVER UP: Fauci Approved Hydroxychloroquine 15 Years Ago to Cure Coronaviruses
Yale epidemiologist: Dr. Fauci running 'misinformation campaign' against hydroxychloroquine
'THIS VIRUS HAS A CURE': Doctor Says Hydroxychloroquine Not Only Cures But Also Prevents COVID-19
LA doctor seeing success with hydroxychloroquine to treat COVID-19 – VIDEO
Lancet Formally Retracts Fake Hydroxychloroquine Study Used By Media To

Attack Trump
President Trump VINDICATED on Hydroxychloroquine As Swamp Pushes Scamdemic
39 elderly Texans successfully complete hydroxychloroquine treatment for COVID-19, doctor says – VIDEO
A Potential Cure for Coronavirus? FDA approves clinical trial of hydroxychloroquine for COVID-19! – VIDEO
Viral Doctor Says 'In 30 Days Hydroxychloroquine Will Stop COVID In Its Tracks' If Allowed

> **Quote from the linked researchsquare.com article:** *"Addition of Ivermectin to standard care is very effective drug for treatment of COVID-19 patients with significant reduction in mortality compared to Hydroxychloroquine plus standard treatment only. Early use of Ivermectin is very useful for controlling COVID 19 infections"*
> https://www.researchsquare.com/article/rs-100956/v2



About Safe Drugs To Treat & Potentially Cure COVID-19 — Ivermectin

START HERE: Ivermectin Treatment Protocols – Including Black Cumin Seeds As A Substitute
Here's why they stripped ivermectin from the shelves
STUDY: Ivermectin linked to "large reductions" in covid deaths
Latest peer-reviewed research: Immediate global ivermectin use will end COVID-19 pandemic
'For $1/Day'… Double-Blind Ivermectin Study Reveals COVID Patients Recover More Quickly, Are Less Infectious
Shocking Conclusions from Africa Study Expose Why Big Pharma's Puppets are Suppressing Ivermectin Data
Ivermectin Could Have Saved 'Millions' of Lives — But Doctors Were Told Not to Use It
One dose of Ivermectin was all it took to get 81-year-old John Swanson off the ventilator (WEB PAGE)
Ivermectin remains a suitable alternative to the vaccine for COVID-19 (WEB PAGE)
Studies on Ivermectin show positive results as Covid-19 treatment (WEB

PAGE)
Indian State Will Offer Ivermectin To Entire Adult Population — Even As WHO Warns Against Its Use As Covid-19 Treatment (WEB PAGE)
Antiparasitic drug Ivermectin kills coronavirus in 48 hours (WEB PAGE)
Covid-19: 'I believe my recovery was thanks to Ivermectin' (WEB PAGE)
How a nurse saved herself from her battle with COVID-19 – with Ivermectin (VIDEO)
Horowitz: Court orders NY hospital to administer ivermectin to COVID patient who began breathing on his own after one dose (WEB PAGE)
How to Get Ivermectin (WEB PAGE)
Ivermectin in COVID-19 – trustworthy medical website (WEB PAGE)
A Doctor Needed a Life Flight to a Texas Hospital to Get a Pill (Ivermectin) that Would Save His Life (VIDEO)
Dr. Paul Marik Discusses Ivermectin and Vitamin D (VIDEO)
Ivermectin Dose For COVID – For Prophylaxis (prevention), For Acute Disease, For Long Haulers (VIDEO)
HORSE PASTE… IVERMECTIN (VIDEO)
HOW TO MEASURE IVERMECTIN HORSE PASTE FOR HUMANS – LINK TO GET HUMAN IVERMECTIN PRESCRIBED BELOW (VIDEO)
How Get Prescription For Ivermectin And Buy Ivermectin For Less (VIDEO)
How I got Ivermectin prescription for $58 (VIDEO)
Ivermectin And COVID-19 Prevention: 83% Decrease In Infections With Ivermectin "Prophylaxis" – i.e. as a prevention measure (VIDEO)
Front Line COVID-19 Critical Care Alliance — Prevention & Treatment Protocols for COVID-19 (WEB SITE)
Ivermectin Liquid (Tractor Supply Injectable Liquid. Dose info for livestock is listed on this page.)
Dr. Paul Marik Files Epic Lawsuit to Allow Physicians to Prescribe Life-Saving Ivermectin Protocols in Fight Against Covid
NOTE: I have read that if you decide to take a horse paste version of Ivermectin, to AVOID the white pastes that contain titanium oxide which may be bad for your spleen. Durvet Ivermectin, without any other anti-parasitics, is a clear gel that some people seem to be using to treat COVID. Do your own homework about this and consult with a doctor who you TRUST.

Remdesivir: STAY AWAY FROM IT!

This lone FDA approved COVID treatment drug is very dangerous to anyone who takes it. It can cause kidney failure which then causes fluid buildup which then causes fatal lung congestion which is then blamed on the COVID virus.
Dr. Bryan Ardis – Hospital Protocols Are Murdering Americans by Prescribing Remdesivir Which Causes Renal Failure
The Fraudulent Dr Fauci – Part II: The Remdesivir Scam
Did Fauci knowingly fast-track approval of drug with deadly COVID-like side effects?
Doctor Reveals Remdesivir Is Real Cause Of COVID-19 Maladies
Thousands dying from Remdesivir poisoning (video)

Anthony Fauci: Chief Globalist Snake Oil Pitchman And Germ Warfare

Other COVID Treatments & Therapies

Quercetin:
The Truth About Quercetin & What the Mainstream Media Doesn't Talk About
Hydrogen peroxide (HP) nebulization:
"Correctly applied, this treatment eliminates acute COVID pathogen presence and any other chronic pathogen colonizations persisting in the aerodigestive tract" as noted in: Resolving "Long-Haul COVID" and Vaccine Toxicity: Neutralizing the Spike Protein.
Nebulized Hydrogen Peroxide — A Simple Remedy for COVID-19

Related COVID-19 vaccination articles:

COVID-19 Pandemic – Plandemic – Scamdemic News Articles
COVID-19 Pandemic Virus Articles & Videos
