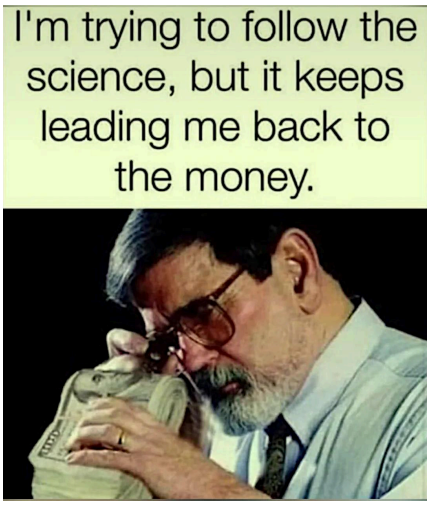
Suggested Cancer Fighting Regimen & Wellness Checklist

ALSO MENTIONED BELOW:

– Conventional Cancer Treatments – Chemo, Radiation, Surgery
– Cancer Causing Foods
– Cancer Causing Parasites
– Cancer Fighting Foods And Supplements
– Potential Cancer Curing Medicines
– Are There Genuine Cures For Cancer By Conventional Treatment Methods?



Conventional Cancer Treatments – Chemo, Radiation, Surgery

12 Questions to Ask BEFORE Saying Yes to Chemotherapy Treatment
10 Questions to Ask BEFORE Accepting Radiation Therapy
Chemo and Radiation Can Make Cancer More Malignant
The Truth About Chemotherapy – Toxic Poison or Cancer Cure?
Secondary cancers caused by cancer treatment
How does radiation and chemotherapy affect the risk of secondary cancers?
Chemotherapy: Does It Really Cause Cancer?
Probiotics help body survive harmful effects of chemo better than antibiotics
Spice that’s better than chemo: Study reveals turmeric is more effective at killing cancer cells than chemo or radiation



Suggested Cancer Fighting Regimen And Wellness Checklist

The following checklist is based on advice from various holistic doctors and nutritionists. It is meant to be a guide for the healthiest foods to eat and the unhealthy foods you should avoid eating.

1. Avoid ALL processed foods and fast foods if at all possible, especially processed snack foods and any foods that contain NITRATES like cold cuts, ham, etc.

2. Avoid any foods that contain MSG. That's a tough rule to follow considering how food makers use many other names to hide the fact that they are putting MSG in your food, like canned soups and so many other popular foods.

3. Avoid ANY sugar or ice cream, cookies, cakes, candies, etc. Use RAW unprocessed local honey as a sweetener or at least use organic raw sugar. AVOID all sugar substitutes, ALL, that includes Sucralose, ASPARTAME, etc. They are ALL toxic to some degree.

4. Completely avoid diet soda. Its loaded with brain-cancer causing aspartame.

5. Avoid all dairy products, especially cheese and butter and ice cream (fatty milk products are worst when fighting cancer).

6. Avoid all meats and fish. You heard me. Like dairy, they contain fats that interfere with your cells ability to absorb good/necessary nutrients.

7. Avoid unhealthy oils and foods containing them. These oils include all oils derived from GMO plants including corn oil, canola oil, peanut oil and soy oil.

8. Eat as many fresh fruits and vegetables as possible, ORGANIC if at all possible.

9. If you must eat bread, make sure it is ORGANIC whole grain.

10. Avoid peanut butter or organic with peanut butter – otherwise it contains

a lot of pesticides.

11. VERY HELPFUL: Eat a raw garlic sandwich every day… 1 or more crushed garlic cloves on bread with a non-sugary spread to make it palatable like coconut oil for example. Crushing the garlic releases it's antioxidant properties.

12. VERY HELPFUL: Eat one whole fresh PINK or RED grapefruit a day.

13. Take at least 1000 mg Vitamin C a day.

14. Eat apricot seeds every day, perhaps as many as 25 if fighting cancer.

15. Take Essiac tea or Essiac capsules every day.

16. Take a scoop (2 tablespoons) of brewers yeast in soup or a drink every day.

17. Take a scoop of Green Super Food powder every day. It contains powdered wheat grass and other very helpful immune system boosting supplements.

18. Use herbs (organic) on your food liberally… oregano, parsley, sage, rosemary, curry, turmeric, cumin, cinnamon, cyan pepper, etc.

19. Avoid COFFEE. If not organic, it is loaded with cancer causing pesticides.

20. Avoid buying foods or drinks in plastic or aluminum cans/containers… stick with glass containers or else don't buy it!!!

21. Buy an air Ionizer, a really good one will cost at least $100. Use it every day to take the toxins out of the air you breath at home.

22. Do not drink any alcohol or smoke any cigarettes. If you can't do this, especially the cigarettes, then forget all the steps above.

23. Look into the health and cancer-fighting benefits of hemp oil capsules, baking soda therapy, organic apple cider vinegar, colloidal silver, vitamin C infusion treatments and oxygen (i.e. hydrogen peroxide) nebulizer therapy. All have been reported to help fight cancer and other illnesses.

Items 11 & 12 above (raw garlic and grapefruit) are extremely beneficial to your immune system. Avoiding processed foods and non-organic foods is just as beneficial.

But My Doctor Won't Advise Me On These Things

You can talk to your doctors about this stuff but it probably won't do ANY good. They legally cannot advise you on anything that is not approved by the

FDA/BIG-PHARMA drug cabal, and they may in fact be expected to tell you NOT to take ANYTHING that they don't approve of for fear of losing their Big-Pharma issued medical license. They also have NO IDEA how foods and supplements may interact with their poison pills, although they may be aware of how nutrition can eliminate the need for Big Pharma's magic pills and eliminate the need for Big Pharma's doctors.

Cancer Causing Foods And Food Products

The top five cancer-causing foods
How Sugar Fuels Cancer In The Body

Vitamin C For Curing Cancer

Cancer Causing Parasites

Dr. Lee Merritt & Karen Kingston – It's All Parasites: Cancer, Vaccines, Remedies (Video)
Synergistic Pairing of Ivermectin and Fenbendazole (anti-parasitic drugs) Found HIGHLY EFFECTIVE at Preventing and Treating Cancer
Dr. Lee Merritt: Cancer Is Caused by Parasites and Big Pharma Doesn't Want You to Know
Using Ivermectin To Treat Colon Cancer

Cancer Fighting Foods And Supplements:

Note: More than 70 percent of your immune system is contained in your digestive system.
Top 12 Cancer-Fighting Foods & Other Natural Remedies – Dr. Axe
10 Best Cancer Killing Phytonutrients to Eat
Inexpensive Alternative Cancer Treatments
The Cancer Diet
Raw food treatment for cancer using vegetable juices
The dangers of farm-raised food
The importance of Full Spectrum Nutrition
Raw food treatment for cancer using vegetable juices
5 Mushrooms that Boost Immunity and Fight Cancer
Potent Horseradish May Help Stave Off Cancer
ESSIAC Tea For Cancer
Why Essiac Tea Should be Part of Your Cancer Fighting Program
Essiac Tea Cancer Treatment – Cancer Tutor
10 Benefits of Grapefruit You May Not Know
Top 10 Health Benefits Of Garlic
World Without Cancer: The Story Of Vitamin B17
Vitamin B-17 vs. Laetrile
Do Apricot Seeds (Laetrile or Vitamin B17) Fight Cancer?
Apricot Kernels for Cancer: The Real Story of Laetrile

High dose Vitamin C being used to supplement cancer treatment
High Dose Intravenous Vitamin C (IVC)
Hydrogen Peroxide For Cancer Treatments Proves Effective
Hydrogen Peroxide… A Potent and Effective Cancer Destroyer
Using Baking Soda to Help Beat Cancer Naturally
20 Herbs that can fight cancer
10 Best Cancer Fighting Herbs to Fight Cancer Cells
17 Best Anti-Cancer Herbs and Supplements for Fighting Cancer

Man Says Cheap Drug For Dogs Cured His Cancer

Potential Cancer Curing Medicines

There are several medications now being looked at by doctors and researchers that have been in use for years for treating parasites and other ailments in humans and animals that are now being looked at as potential treatments and cures for different types of cancers. A couple of them appear to be safe, cheap, commonly used anti-parasitic drugs including ivermectin and fenbendazole. The following links will introduce you to some of those medications.
New Cancer Treatment Protocol Featuring Ivermectin, Fenbendazole, and Mebendazole Passes Peer Review, Marking Potential Breakthrough in Therapy
Top Doctor Confirms Ivermectin Cures Cancer
Fenbendazole and Ivermectin: New Treatments for Cancer? (article)
Cancer Treated with Animal Deworming Medication (VIDEO)
Edmond man says cheap drug for dogs cured his cancer (VIDEO)
Fenbendazole Dosage Calculator (article)
Fenbendazole acts as a moderate microtubule destabilizing agent and causes cancer cell death by modulating multiple cellular pathways
Joe Tippens Dog Dewormer Cancer Treatment (Fenbendazole/Panacur)
Is Joe Tippens of Fenbendazole Fame Still Alive? (includes Panacur dose info)
Ivermectin is a powerful anti-cancer remedy, 9 peer-reviewed studies conclude

Are YOU Willing To Do Your Job?

Just as Scripture tells us to test the spirits and prove all things, that principle applies to our health also. It really is NOT some doctor’s job but rather OUR job to take charge of our health and wellness. And we should not expect the medical establishment to have any magic cures for our sins of neglect regarding proper diet and exercise, nor should we expect them to be sinless guardians of our health when we know that its all about money if we bother to stop and think about what an expensive monstrosity the health care system has become, not even taking into consideration the huge expense of malpractice insurance alone.

The health care SYSTEM is not based upon holistic/osteopathic medicine

(striving for wellness). It is based upon allopathic medicine (treating SYMPTOMS), which is WHY you CANNOT depend on the SYSTEM to cure you of something like cancer, that is only CURED by holistic medicine. However, there do seem to be some holistic/osteopathic doctors surfacing in the medical system as time goes on and they are worth consulting with.

Are There Genuine Cures For Cancer By Conventional Treatment Methods?

If someone says they were cured of cancer by conventional treatment, it only means that either God performed a miracle or that their immune system survived the conventional “cure” methods, which is a miracle in and of itself. Cancer is the symptom of a malfunctioning immune system. You don’t CURE the immune system with things that are known to damage the immune system like radiation or chemo. And you only stress the immune system with surgery. You cure the immune system by giving it the nutrients it needs and by protecting it from the things that cause stress and damage to the immune system (junk foods, preservatives, GMO foods, pesticides, herbicides/ROUNDUP, chemical cleaners in the air in your home, city water loaded with chlorine/fluoride/who-knows-what).

Note about the TWO major types of medical treatment, allopathic and osteopathic:

Allopathic doctors treat SYMPTOMS, primarily with drugs (including chemo), radiation and surgery, not with natural supplements. On the other hand, osteopathic medicine looks at health as a matter of the entire body – each system interdependent with the others. Osteopathic physicians (D.O.’s) are fully-licensed and recognized physicians and surgeons who stress the unity of all body systems. They place special emphasis on the musculoskeletal system, holistic medicine, and proper nutritional and environmental factors. While D.O.s practice in every medical specialty, many are in general practice, with special emphasis placed on preventive medicine and service as family practitioners.

Additional Information About Cancer, Big Pharma And Our Immune Systems: