

# Why Mask Wearing Is Dangerous To Your Health



## Mask Wearing Facts

1. Reduces Oxygen to 60% known as Hypoxia
2. Increases risk of Carbon Dioxide Poisoning because you are re-breathing CO<sub>2</sub> instead of Oxygen leading to Oxygen deprivation. People have died already from this because of mask wearing.
3. Itching from mask causes excessive face touching.
4. Virus and Bacteria linger on outside of the mask and remain there because of the suction of breathing.
5. You can spread the germs by touching the mask and then touching a surface.
6. Contaminants remain inside the fibers of the mask and get re-inhaled.
7. Hindrance to your breathing will cause your immune system to be compromised since fresh air is necessary for your existence.
8. The masks only filter out particles of .3 micron in size but the Corona Virus is .125 meaning the mask is totally useless. (Microns are 1/1,000,000 of a meter)
9. By wearing a mask, the exhaled viruses will not be able to escape and will concentrate in the nasal passages, enter the olfactory nerves and travel into the brain. – Russell Blaylock, MD
10. No studies have been done to demonstrate that either a cloth mask or the N95 mask has any effect on transmission of the COVID-19 virus. – Russell Blaylock, MD

11. You risk Respiratory Alkalosis which can be deadly. Respiratory alkalosis is a medical condition in which increased respiration elevates the blood pH beyond the normal range with a concurrent reduction in arterial levels of carbon dioxide. In other words re-breathing your exhaled carbon dioxide.

Symptoms of Respiratory Alkalosis:

- Heart Palpitation
- Tetany (Involuntary contraction of Muscles)
- Convulsions
- Sweating

12. You risk Hypercapnia which is an elevated CO<sub>2</sub> in the blood. An abnormally high concentration of carbon dioxide in the blood, usually caused by acute respiratory failure from conditions such as asthma and obstructive pulmonary disease. It can lead to seizures and death if acute and untreated. Masks obstruct Oxygen intake and Carbon Dioxide exhalation. (From OSHA Director of Michigan Tammy Herrema - 20 years as Director)

Mild symptoms of hypercapnia include:

- flushed skin
- drowsiness or inability to focus
- mild headaches
- feeling disoriented or dizzy
- feeling short of breath
- being abnormally tired or exhausted

Severe Symptoms of hypercapnia include:

- unexplained feelings of confusion
- abnormal feelings of paranoia or depression
- abnormal muscle twitching
- irregular heartbeat
- hyperventilation
- seizures
- panic attack
- passing out

13. Complications being reported by people who have worn the mask between 15 minutes to 16 hours per day:

- Headaches
- Trouble Breathing
- Anxiety
- Sweating, Hot
- Dizziness
- Rash on face, pimples

- Glasses fogging
- Hearing impaired
- Burning in Chest
- Lightheaded
- Suffocating Passing Out
- Fatigue
- Heart Racing

14. Staphylococcus - Skin infections caused by staph bacteria include:

- **Boils:** The most common type of staph infection is the boil, a pocket of pus that develops in a hair follicle or oil gland. The skin over the infected area usually becomes red and swollen. If a boil breaks open, it will probably drain pus. Boils occur most often under the arms or around the groin or buttocks.

- **Impetigo:** This contagious, often painful rash can be caused by staph bacteria. Impetigo usually features large blisters that may ooze fluid and develop a honey-colored crust.

- **Cellulitis:** Cellulitis is an infection of the deeper layers of skin — causes skin redness and swelling on the surface of your skin. Sores or areas of oozing discharge may develop, too.

- **Staphylococcal scalded skin syndrome:** Toxins produced as a result of a staph infection may lead to staphylococcal scalded skin syndrome. Affecting mostly babies and children, this condition features a fever, a rash and sometimes blisters. When the blisters break, the top layer of skin comes off — leaving a red, raw surface that looks like a burn.

15. Under a microscope at 25X one can see the fibers of a mask interlocking and a virus size. The openings in the mask are 9 times bigger than the size of a virus droplet showing the mask does not and cannot prevent the ingestion of a virus droplet.

16. Bacterial Pneumonia -

<https://www.globalresearch.ca/medical-doctor-warns-bacterial-pneumonias-rise-mask-wearing>

17. Bacterial Infections of the Mouth and facial skin.

18. Dr. Linda Johnston, M.D.: “The coronavirus is about 100 nanometers in diameter. Cloth mask ‘holes’ are 1,000 times larger than a virus. An analogy is used that a mask is like a mosquito getting through a chain link fence. It’s actually much worse, it’s a mosquito getting through a chain link fence with holes 14 yards in diameter.”

If you insist on wearing a mask for any length of time, then purchase a Pulse Oximeter which is available in any pharmacy. If your oxygen levels fall below 90%, then you are heading for trouble.

“OSHA requires 19.5% oxygen to work in a space. Look it up. Normal oxygen level is anywhere from 20 to 21.” Masks lower it to below 19.5 % in as little as 15 seconds.

You do NOT have to comply with wearing a mask, having your temperature taken, being tested or getting a vaccine.

There are several laws that protect your rights, including:

- (1) You are sovereign over your own body and can choose what medical interventions you want to participate in
- (2) You must have informed consent to participate in any medical EXPERIMENT or TRIAL (as mask wearing, or being tested — because they have not been approved by the FDA and therefore experiments.)
- (3) Under the PATIENTS BILL OF RIGHTS you can deny one offered intervention while still being able to receive other treatments.
- (4) Your right to privacy is guaranteed by the 4th Amendment of the Constitution
- (5) No government order or school or work policy can require you to cause harm to yourself as masks, testing and vaccines do.



# **11 Dangerous Pathogens Found on Masks**

**(June 13, 2021 - University of Florida Study)**

1. Streptococcus pneumoniae - Pneumonia
2. Mycobacterium tuberculosis - Tuberculosis
3. Neisseria meningitidis - Meningitis, Sepsis
4. Acanthamoeba polyphaga - Keratitis
5. Acinetobacter baumannii - Resistance to Antibiotics
6. Escherichia coli - Food Poisoning
7. Borrelia burgdorferi - Lyme Disease
8. Corynebacterium diphtheria - Diphtheria
9. Legionella pneumophila - Legionnaires Disease
10. Staphylococcus pyogenes serotype M3 - Severe Infections
11. Staphylococcus aureus - Meningitis, Sepsis

## **Related articles on the dangers of wearing face masks:**

Lab tests show 11 dangerous pathogens found in children's masks

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